

Earning the STATE OF HEALTH insurance premium discount incentive



All STATE OF HEALTH participants in any of the three pathways may earn the \$20 monthly premium discount by completing these action steps:

Initial (Year 1) incentive:

Action 1 - Complete the Health Engagement Questionnaire (HEQ)

Action 2 - Complete your Action Plan

Action 3 - Complete Your Blueprint for a Healthy Lifestyle

Action 4 - Schedule and Attend a STATE OF HEALTH Skill Group (schedule your skill group through the appointments tab in the STATE OF HEALTH portal)

Action 5 - Visit Your Primary Care Provider (PCP) If you haven't had an appointment with your PCP in the 12 months prior to starting STATE OF HEALTH, schedule and complete an appointment with your PCP.

Continuing (Year 2+) incentive:

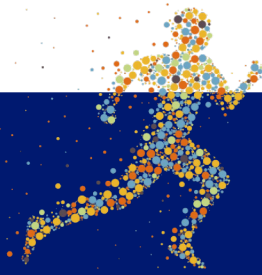
Complete your annual self-assessment along with the following action steps:

Action 1 - Complete the Health Engagement Questionnaire (HEQ)

Action 2 - Complete your Action Plan

Action 3 - Complete Your Blueprint for a Healthy Lifestyle

Action 4 - Schedule and Attend a STATE OF HEALTH Skill Group (schedule your skill group through the appointments tab in the STATE OF HEALTH portal)



Timing for completing the action steps and when the discount begins



STATE OF HEALTH offers three different enrollment cycles each year (January, May, and September)

January enrollment cycle:

- Complete an application from November 16 – December 15
- Activate your STATE OF HEALTH portal account and begin your action steps in January
- Your discount will begin in May

May enrollment cycle:

- Complete an application from March 16 – April 15
- Activate your STATE OF HEALTH portal account and begin your action steps in May
- Complete all 5 action steps by July 15
- Your discount will begin in September

September enrollment cycle:

- Complete an application from July 16 – August 15
- Activate your STATE OF HEALTH portal account and begin your action steps in September
- Complete all 5 action steps by November 15
- Your discount will begin in January

If you continue to complete your action steps each year as described above, your discount will continue throughout the duration of your enrollment in the state's health plans.

Please note that there is not a separate line item on your paycheck for the premium discount. If you were not previously receiving the discount, your health insurance premium will be \$20 less than the previous month (for monthly payroll). Health insurance premiums for bi-weekly paychecks will be \$10 less than the previous paycheck.